



## Train the Trainer Guide Productivity Styles: Quiz

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### Quiz

NOTE: May be more than one right answer.

1. What is the main goal of a person with the Flamingo productivity style?
  - a. To be compliant with their own high standards and reward accuracy.
  - b. A stable, harmonious environment.
  - c. To see results, and wants things done not today or tomorrow but YESTERDAY!
  - d. To be involved with people, have fun, and get people to talk with one another.
  
2. What is the primary goal of the Beaver productivity style?
  - a. To be involved with people and have fun
  - b. To see results and get things done immediately
  - c. To maintain a stable, harmonious environment
  - d. To be compliant to their own high standards and reward accuracy

3. What is one of the consequences of the Communication blocker?

- a. Increased stress and pressure
- b. Missed deadlines
- c. Lack of clarity
- d. All of the above

4. How does the Conflict Management blocker impact productivity?

- a. It leads to emotional strain and tension among team members.
- b. It results in a breakdown of communication.
- c. It hinders collaboration and teamwork.
- d. All of the above

5. What is the Delegation blocker characterized by?

- a. The reluctance to delegate tasks due to concerns about loss of control
- b. The inability to make decisions quickly
- c. The inability to focus on a single task
- d. The tendency to overthink tasks

6. What is a common symptom of Shiny Object Syndrome (SOS)?

- a. Lack of motivation
- b. Loss of focus on primary tasks
- c. Both a and b
- d. Neither a nor b

7. What is one of the negative effects of making decisions too quickly?

- a. Missed opportunities
- b. Procrastination
- c. Analysis paralysis
- d. Slow progress

8. Which productivity style is known for being the big-picture thinker with lots of balls in the air?

- a. Beaver
- b. Lion
- c. Zebra
- d. Flamingo

9. What can cause an individual to be hesitant to delegate tasks?

- a. Fear of loss of control
- b. The belief that they can do the task better themselves
- c. Fear of micromanagement
- d. All of the above

10. Which productivity styles are most likely to be affected by the Shiny Object Distraction blocker?

- a. Beaver and Zebra
- b. Lion and Flamingo
- c. Beaver and Lion
- d. Zebra and Flamingo

