



Train the Trainer Guide Productivity Styles: Course Description

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This highly engaging and interactive course is designed to reveal the secrets behind productivity styles to discover the unique blockers for each productivity style.

The course starts with an introduction to the fascinating world of productivity styles, highlighting the importance of identifying individual styles and common productivity blockers. This sets the foundation for a more in-depth discussion and interactive session where participants can discover their own productivity styles through an enlightening quiz.

Further, the course introduces the four unique productivity styles - The Lion, The Flamingo, The Zebra, and The Beaver. Each of these styles has its strengths, weaknesses, and unique methods of approaching tasks and achieving goals. Understanding these styles will empower participants to capitalize on their strengths and mitigate their weaknesses.

Next, the course delves deeper into the five common productivity blockers – Shiny Object Distraction, Decision Making, Communication, Conflict Management, and Delegation. Participants will learn to identify these blockers in their day-to-day routines and understand their potential impact on productivity.

During the two breakout sessions, participants will engage in thoughtful discussions about their personal experiences with productivity challenges and identify their personal blockers. These interactive sessions promote a supportive and collaborative learning environment, allowing participants to learn from one another and gain diverse perspectives on common productivity challenges.

Towards the end of the course, participants will focus on action planning, crafting individual strategies to overcome their identified blockers. This step empowers participants to translate their learnings into actionable plans, leading to tangible improvements in their productivity.

Finally, the course concludes with a preview of the next class, “Bust Your Productivity Blockers” and a summary of the day’s insights.

Join us in this enlightening journey to boost your productivity and achieve your goals more efficiently and effectively.