LEAD AND SUCCEED
COMMUNITY

1. Which personality style from the Lion, Beaver,Flamingo and Zebramodels tendsto rush through tasks, thus creating a possibility for mistakes?

   A. Lion
   B. Beaver
   C.Flamingo
   D.zebra

2. What is the primary cause of the speed blocker in leadershipand productivity?

   A.Lack of time management skills
   B. Fear of delegation
   C. Overcommitment andrushing through tasks
   D. Procrastination

3. In the context of the four personality styles, which one is most likely to strugglewith perfectionism?

   A. Lion
   B. Beaver
   C.Zebra
   D. Flamingo

4. Why is effective delegation important in leadership?

   A. It allows the leader to takeon more tasks
   B. It reduces the leader's workload and improves the skills of theteam
   C. It makes the leader appear more authoritative
   D. It is a standardrequirement in all organizations

5. Which personality style might have difficulty delegating due to impatience?

   A.Lion
   B. Beaver
   C.Zebra
   D.Flamingo

6. What technique suggests working focused for 25 minutes, then taking a 5-minutebreak?

   A. The Swiss Cheese theory
   B. The SMART Goal Method
   C. The Pomodoro Effect
   D. The Eisenhower Matrix

7. When faced with a large task that causes procrastination, what method wassuggested in the course to handle this?

A. The Swiss Cheese theory

B. The SMARTGoal Method

C. The Pomodoro Effect

D. The Eisenhower Matrix

8. According to the course, what is an effective way to handle lack of focus?

A. Increase caffeine intake

B. Stay up late to complete tasks

C. Take breaksthroughout the day

D. Work continuously without any distractions

9. What are the components of a SMART goal?

A. Specific, Measurable, Assignable,Relevant, Time-bound

B. Simple, Manageable, Achievable, Realistic, Timely

C. Specific, Manageable, Achievable, Relevant, Timely

D. Simple, Measurable,Assignable, Realistic,Time-bound

10. Why is it important to set realistic and attainable goals?

A. It ensures quickcompletion

B. It reduces the workload

C. It helps in maintaining focus andachieving success

D. It allows for procrastination